

Clinical Exercise/ Rehab Group Therapy Checklist

(created from discussions with APA)

Patient has a clinical condition or injury	
Practitioner supervising each patient during the course of a Group consultation	
All patients who attend Group therapy are assessed 1:1 at least annually	
No more than 6 participants in a Group [PHYSIO]	
<u>Clinical record on each patient's file detailing clearly</u>	
	Patient consent
	Information on objective assessment (notes should be detailed and include objective measures)
	Clinical assessment should link the diagnosis for each patient
	Patient progress against clinical goals.
	All treatment is evidence based.
Notes should include treatment setting	
Notes should include how long the patient is treated	
Notes should include what therapy was used	
Notes should have home exercises written down	
Notes should have analysis and reasoning, writing down what problems the patient presented with and the goal of treatment	
Discharged from care when the condition or injury is resolved	