

[REDACTED]™
(Exercise as Therapy)

Monte Elissa

B.App.Sc., Pthy., M.A.P.A.
Director

[REDACTED] Road

[REDACTED] NSW [REDACTED]

Tel: [REDACTED]

Fax: [REDACTED]

Mob: [REDACTED]

Email: [REDACTED]

All correspondence to:

Monte Elissa [REDACTED] St,

[REDACTED], NSW [REDACTED]

April , 2006

Dear Sir/ Madam,

As an introduction my name is **Monte Elissa**. I am a practicing **physiotherapist**. My objective is to further develop my **rehabilitation** and **exercise therapy** practice directed mostly toward the **50's +** and **mature** community. I strongly feel that your prominent, respected position gives you a rare ability to influence various projects.

I would be delighted to explain the basic community health **model** that I have conceived. It benefits every aspect of the community from **disabled people**, **disadvantaged teenagers**, **health care workers**, **business people** and even **the public health system as a whole**. Please find following an outline of the initial task at hand.

The current service is that of a medically structured gym- [REDACTED]. It takes the fundamental structure of a regular, small gym facility, but is adjusted to cater for medically impaired, physically challenged and elderly. Some differences of my service include: individual/ specific tailored programs for different chronic health conditions, full supervision, equipment modification, functional equipment and increased health awareness. Affordable, rehabilitation equipment is constantly being sought. A close working relationship is being developed with the community, surrounding doctors, paraprofessionals and hospitals.

